

LDCP Food Literacy

Project Update #2
Aug 2016

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- Project overview (review)
- Where we are to date
- What's next

Research Question



- Within the context of public health practice, how can we measure food literacy and its attributes?
 - We will continue focus on specific high-risk groups:
 - youth (16 to 19 years of age)
 - young parents (16-25 years of age)
 - pregnant women (16 to 25 years of age)

Overall Project Objectives

- **Year 1 Funding:**

- Identify and summarize the attributes of food literacy including food skills, in the literature.
- Determine which attributes of food literacy including food skills, are priorities for measurement and tool development.

- **Year 2 and 3 Funding (TBC):**

- Develop key indicators that measure food literacy, including food skills attributes.
 - Develop a tool with questions reflecting these indicators.
 - Test the tool with the identified target populations, considering various facets of validity (e.g., attribute, face, and content) as well as reliability, sensitivity to change, and feasibility.
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Where we are to date

Phase 1: Scoping Literature Review- Complete

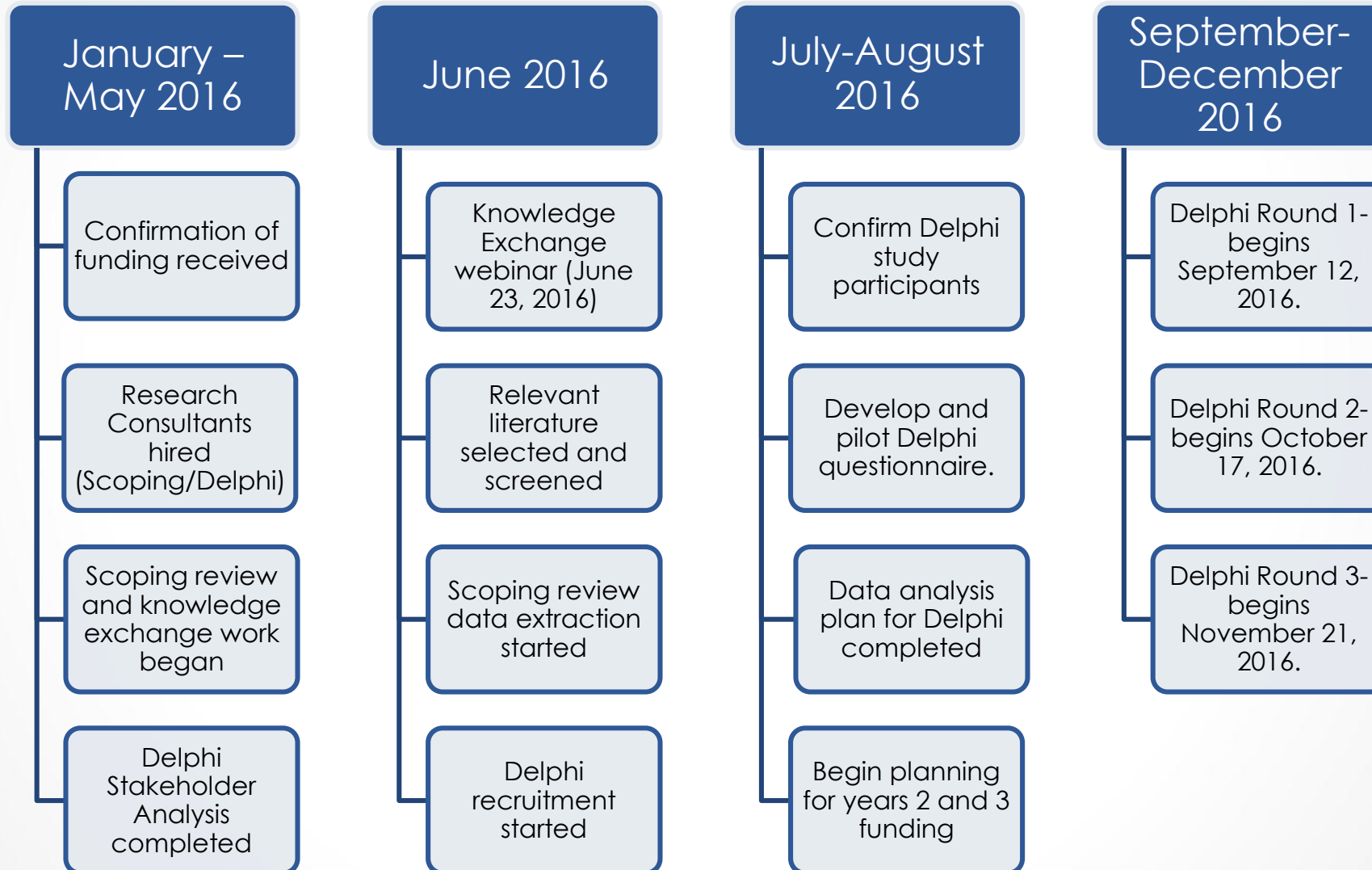
- A scoping review of the food literacy literature (peer reviewed and grey literature) was completed.
- A list of food literacy attributes was developed based on the findings of the review.
- Final report being completed.

Where we are to date

Phase 2: Delphi process has begun

- Delphi is a qualitative research process that includes 3-4 rounds of questions that solicit opinions from stakeholders in order to obtain consensus.
- Recruitment from June to the end of July, 2016:
 - Public health professionals, researchers and community partners have been approached from across the province and beyond
 - Currently there is a cohort of about 80 participants
- Delphi questionnaire will be developed and piloted in August, 2016.
- First round of Delphi will take place in September, 2016.

Key Activities in 2016



The Cast and Crew

Lead/Co-lead:

- Elsie Azevedo Perry, Haliburton Kawartha and Pine Ridge District Health Unit
- Heather Thomas, Middlesex London Health Unit

Core project team:

- Rebecca Davids (on sabbatical) / Lucy Valteau, York Region Public Health
- Lyndsay Davidson, Chatham-Kent Public Health Unit
- Shannon Edmonstone, Perth District Health Unit
- Jessica Hambleton (maternity leave) / Ella Manowiec, Toronto Public Health
- Jessica Love, North Bay Parry Sound District Health Unit
- Ruby Samra, City of Hamilton Public Health Services
- Julie Slack, Northwestern Health Unit

Cast and Crew (cont'd)

Knowledge users:

- Grey Bruce Health Unit
- Hastings and Prince Edward County Health Unit
- Nutrition Resource Centre
- Ottawa Public Health
- Oxford Public Health
- Peterborough County Health Unit
- Thunder Bay District Health Unit
- Toronto Public Health
- Windsor Essex County Health Unit

Academic Advisor:

- Sharon Kirkpatrick, University of Waterloo

Librarians:

- Amy Faulkner, Simcoe Muskoka District Health Unit
- Carolynne Gabriel, Middlesex-London Health Unit

Research Consultants:

- Lisa Petermann and Elizabeth Manafò, EXEP Consulting

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Disclaimer: The views expressed in this project update are those of the LDCCP team, and do not necessarily reflect those of Public Health Ontario.

For More Information

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Read about the first LDGP on food literacy at

<https://www.osnpnh.on.ca/food-literacy>