

**Ontario Society of Nutrition Professionals in Public Health
Nutrition Exchange Planning Committee**

AGENDA

**Tuesday December 8, 2015
10:00 – 11:30 am**

**Dial-In: 1-866-279-1594
Participant Code: 7063170
Chair Code: 3199229**

Participants: Laura Abbasi, Laura Atkinson, Candice Einstoss, Lindsay Fera, Sonia Jean-Philippe

Guest: Daniel Cho, NRC (11:15 am)

Regrets: Elsie Azevedo Perry

1.0 Welcome

2.0 Review/Approval of Agenda

3.0 Review/Approval of December 1, meeting minutes

4.0 Planning for Nutrition Exchange 2016

4.1 Update on Speakers

- Food security (Thursday morning)
 - Ellen Power (informally confirmed) for Thursday morning
 - **Candice** will f/u with Elsie regarding the other speakers
- Food environment and Public Health (Thursday afternoon)
 - Kim Raine (verbally confirmed) – NRC also interested in having her, worries of overlap, NRC want her to talk about the Report Card on healthy food environment
 - Dr Jean Clinton – f/u to explain exactly what we are looking for in her presentation - mindful eating, positive impact of eating together as a family, building relationships through food, building resiliency... presented on relationships and how to connect and how all this enhances mental health – **Lindsay**
 - Kim Davidson – **Candice** will f/u
- Eating competency
 - f/u with Ellyn Satter – f/u with email that the price point is out of our range, we are a nonprofit, will use the same response than to Monique Potvin – f/u **Lindsay**
 - Dr Michelle May – www.michellemaymd.com f/u **Laura (York)**

- Dr Jim Painter – <http://www.drjimpainter.com/motivational-lectures.html> f/u
Laura (York)
- Developing effective public health media campaigns
 - Cameron Normand – f/u Candice
- Marketing to kids
 - Corine Voyer – going on mat leave, suggested Manuel Arango – no f/u for now

4.2 Speaker Agreement

- Candice will send her revised version.
- Please send any comments for Elsie to finalize the document.
- For speaker's who don't have a fee, include that they waived the fee
- Grant Gordon – email to confirm his participation, mention we are preparing the speaker agreement and we can offer up to 500\$

4.3 Agenda

- To be drafted once we have confirmed speakers

4.4 Support/Promotion Letter

- Target management and members who may be on the fence to attend – make it more universal
- Send your comments Laura (York)
- Send Save-the-date by email in early January, Laura (York) will draft an email and prepare something for tid-bits

4.5 Funding

- Candice will draft the letter for funding
- Send letters in January , include PHO, Minister of Health and Long-term Care, ERO

5.0 Budget Update

5.1 Registration

6.0 NRC Partnership Update

- Meeting minutes will be sent to Candice
- Location will be Chestnut Conference or Toronto Reference library
- Change in title: Healthy eating in today's food environment, is it possible?
- Committee approved design concept: being healthy in conjunction with the OSNPPH Nutrition Exchange – Candice will share with the group
- Committee approved that NRC can start promoting alongside OSNPPH, as of January 12th
- Program publicly available on NRC2016forum.sched.org (this is the only program they are using to populate their program)
- Program rough outline
 - Committee approve to split the program in two streams for breakup sessions:
 - How to transform the food environment – more of interest to public health staff
 - How to help clients to navigate through the current food environment– more of an interest for those working on CHC
 - Keynote on what we mean when we say healthy food environment
 - Research and current evidence and health outcomes and what works to change the food environment

- Confirm Dr Leah Minaker (university of waterloo) on her toolkit to assess the food environment
- Session on food industry, how the private sector is helping to create a healthy food environment – how they are doing this differently from us
- Health equity perspective on food environment
- Interested in Kim Raine to talk about the Healthy food environment report card (Alberta first province)
- Kim Raine – if she covers the report card during the NRC then she can focus on framing the issue for advocacy for the OSNPPH presentation
 - Key note – framing the session as: what is the ultimate goal we want to achieve?
 - NRC has not approached her yet
 - **NEXT STEP:** Daniel will email her and indicate their interest and mention that she will be addressing similar audiences on both days. If interested in being their key note, set up a meeting with her, NRC and rep from Exchange Committee
- NRC offered for OSNPPH exchange to use their app for scheduling under their account
- Candice provided a brief update for the Exchange
 - Overview of the topics
 - Looking at other options for registration since Eventbrite adds an additional charge.
 - Could do a joint save the date,
 - NRC cannot use Novotel because the NRC can't confirm room booking at the hotel and that is necessary to book the conference room
- Daniel and Candice will have a teleconference meeting in early January and will discuss promotion

7.0 Next Meeting Date: January 12, 2016 @ 10:00 am