

December 13, 2023

Debbie Young
Customer Relations Manager
InJoy Health Education
7107 La Vista Place
Longmont, CO 80503

Sent via email: dyoung@injoyhe.com

Dear Debbie,

In response to your email correspondence on November 10, 2023, the Ontario Dietitians in Public Health (ODPH) decided that we would like to contact you to express our interest in working collaboratively with your Canadian subject matter expert on the nutrition content for the new 2024 Canadian Master InJoy Program.

ODPH is the independent and official voice of Registered Dietitians working in Ontario's public health system. Registered Dietitians (RDs) are uniquely trained to advise on food and nutrition. Our members have a breadth of experience working with partners from a variety of sectors on different provincial level resources and consumer resources, many which can be found on our [website](#).

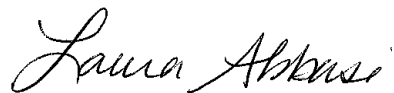
The Family Health Nutrition Advisory Group (FHNAG), a workgroup of ODPH, supports the Healthy Growth and Development guideline of the Ontario Public Health Standards for optimal preconception, pregnancy, newborn, and family health. FHNAG members value online prenatal educational resources such as InJoy, as this type of platform can help increase the reach of evidence-based information for priority populations including expectant families.

In the spring of 2023, FHNAG workgroup members reviewed the nutrition content of the InJoy Health Education Program. The working group strived to ensure the messaging in InJoy was aligned with Canadian evidence, current best practices, and Canada's food guide. A trauma informed, strength-based approach was used to update content. Language is weight and culturally inclusive and food and gender neutral. Several resources were used to guide our decisions about use of language.

Given the scope of developing a new eClass, we would welcome the opportunity to work collaboratively with your Canadian subject matter expert on the nutrition content to ensure that the 2024 version of InJoy is one that meets the needs of consumers and users across the country.

Thank you for your consideration on this matter and we look forward to hearing from you soon.

Sincerely,

A handwritten signature in black ink that reads "Laura Abbasi". The script is fluid and cursive, with the first name "Laura" being more prominent than the last name "Abbasi".

Laura Abbasi, Co-Chair Year 1
Ontario Dietitians in Public Health

A handwritten signature in black ink that reads "Paula Ross". The script is fluid and cursive, with the first name "Paula" being more prominent than the last name "Ross".

Paula Ross, Chair
Family Health Nutrition Advisory Group