

WELCOME to the 2022-2023 ODPH AGM

Voice lines are open as we get settled. Please say hello!

Annual General Meeting

Wednesday October 18, 2023

Land and Food Acknowledgement

- ▶ As we join in from across the province, I invite you to reflect and acknowledge whose land you are on.
- ▶ In addition to acknowledging whose land we are on, I also want to acknowledge that there is a complex history surrounding the topics of food, weight, and health which has greatly impacted First Nations, Inuit, and Metis peoples in this province and continues to do so today.

1.0 Call to Order

- ➔ 1.1 Appointment of Parliamentarian
- ➔ 1.2 Credentialing

2.0 Roll Call for the 2022-2023 Executive Committee

Past Chair	Elizabeth Smith
Co-Chair Year 2	Laura Abbasi
Co-Chair Year 1	Andrea Licursi
Communications Coordinator	Claire Bilik
Web Coordinator	Sarah Tsang
Secretary - Treasurer	Kimberly Leadbeater
Liaison Coordinator	Ruby Samra
Members-at-Large (joined Spring 2023)	Janelle Arnew and Luisa Magalhaes
OPHA Liaison	Mary Ellen Prange

3.0 Approval of the Agenda

- 1.0 Welcome and Call to Order
- 2.0 Roll Call of Current Officers
- 3.0 Approval of AGM Agenda
- 4.0 Approval of 2022 AGM Meeting Minutes
- 5.0 New Business
- 6.0 Executive Reports
 - 6.1 Secretary - Treasurer Report
 - 6.2 Chair Report
- 7.0 Recognition of Retiring Members
- 8.0 Appreciation of Contributions
- 9.0 Peer Recognition Award
- 10.0 Presentation of the New Executive Officers
- 11.0 Adjournment

5.0 Approval of Minutes from the 2021-2022 Annual General Meeting

6.0 New Business

6.1 Resolutions

- ▶ None received

7.0 Executive Reports

- 7.1 Secretary - Treasurer Financial Report
- 7.2 Chair Report

7.1 Financial Report Summary

2022-2023 Balance Sheet (as of July 20, 2023)	
Assets - Cash in Bank	
Operations	\$71,364.59 (*\$11 065.63 earmarked for workgroups)
Other	0
Total Assets	\$71,364.59
Liabilities	0
Credits owing	0
Members Equity	\$71,364.59
	Closing balance - 20 July 2022 = \$68 767.47 Opening balance - 20 July 2023 = \$71 364.59

7.2 Chair Report - Year in Review

- Many RDs returned to nutrition work during the 2022-2023 membership year and workgroups resumed during the spring and summer of 2022
- We strongly encourage everyone to join a workgroup or two and get involved with them - many of the workgroups are looking for co-chairs so please consider these opportunities
- The next few slides have key activities, highlights and accomplishments from the ODPH workgroups and communities of practice

Body Diversity and Health Equity

- ▶ Training by Dr. Gail McVey on the Eating Disorders Ontario – Prevention [EDO-P](#) project for BDHEWG and School Nutrition Working Group (SNWG) members; updating Position Statement (anticipated release by end of 2023) and accompanying scenarios and resources; and updating *A Tool for Every Educator* in collaboration with SNWG.
- ▶ Advocacy letter were sent to the following organizations: Canadian Pediatrics Society re: Canadian pediatric practice guidelines for obesity management; Diabetes Canada re: Diabetes Canada clinical practice guidelines in support of Weight-Inclusive Dietitian in Canada (WIDIC); Public Health Agency of Canada re: weight messaging in a post-partum guide for new parents with FHNAG; Health Canada re: inaccuracies in food guide history; and the Ontario Human Rights Code re: including weight bias in the Code with Ontario RDs.

Childcare Workgroup

- ▶ To reconnect with the child care sector post-pandemic and to announce the upcoming revision of our child care resources, [ODPH Child Care Nutrition Resources Frequently Asked Questions](#) was developed.
- ▶ CCWG collaboration with external partners included: [Health811](#) (Health Connect Ontario) to promote ODPH's child care resources; partnership with Public Health Ontario to ensure revised CCWG guidelines align with Provincial/Territorial Guidance Document Nutrition Standards for Child Care; and a contact was identified at the Ministry of Education, Child Care and Licensing Branch for collaboration on the review and dissemination of updated child care resources.



Family Health Nutrition Advisory Group

- ▶ Revision of the nutrition section of the Injoy Prenatal Education Platform; working collaboratively with Food Allergy Canada to advocate for the Ontario Drug Benefit Program be amended to include young children with a medical diagnosis requiring the strict avoidance of standard soy and milk proteins; establishment of a Protein Working Group to address the lack of clarity in Canada's Food Guide on consumption of milk for children 0-6; involvement in revision of Nutrition for Healthy Term Infants by Health Canada; participation on Health Canada's Formula Shortage Communications subgroup; supporting Nutri-eSTEP CIHR grant submitted by Dr. Janis Randall-Simpson; participated in ODPH's response to Health Canada's consultation on "Restricting food advertising primarily directed at children"; and collaboration with the BDHEWG on a joint letter to the Public Health Agency of Canada regarding their messaging on postpartum weight loss.

Food Literacy

- ▶ updating of FLitWG Current & Emerging Work, several FLitWG members have been involved in the Locally-Driven Collaborative Project (LDCP) with Public Health Ontario to develop and test a Food Literacy Measurement Tool. This project is now complete, and members are developing a user guide for the tools (there is a 50-item tool and a shortened tool) and will be planning some knowledge exchange with ODPH members in the future.

Food Systems

- ▶ A response to the Standing Committee on Heritage, Infrastructure and Cultural Policy regarding the Implications of Bill-23 - More Home Built Faster Act and a Response to the review of proposed policies adapted from A Place to Grow and Provincial Policy Statement to form a new provincial planning policy instrument.
- ▶ Created an inventory of relevant resources for sharing among members; creating ongoing summary document of Food Policy Council work and PHU involvement; in collaboration with the FIWG, providing letter of support on a SSHRC Connections grant on basic income in the food system; and conducting evidence reviews (topics are plant-based dietary patterns, land use planning, and governance) with the purpose of informing how public health can take action within the components of the food system with consideration for the health, social-cultural environmental and economic outcomes.

Healthy Eating in the Recreation Setting Workgroup

- ▶ Key activities and accomplishments included an updated scan on HERS work by PHUs and sharing of current resources related to HERS work including health unit resources. Some members participated in consultations on *Health Canada's Food-Guide Friendly Principles for Recreation Settings* in fall 2022; a communications plan to promote this and supporting resources after their anticipated release later in 2023 has been proposed. Due to declining participation in the workgroup with recreation settings not being prioritized by PHUs and inability to recruit a replacement chair of the workgroup, **the HERS Workgroup was inactivated as of September 1, 2023.**

Food Insecurity

- ▶ The roll-out, virtual training and pilot testing by 27 PHUs in 2022 and 32 PHUs in 2023 of an updated Ontario Nutrition Food Basket (ONFB) costing tool and methodology developed by the Monitoring Food Affordability in Ontario (MFAO) Subgroup. This included collaboration with PHO on a quantitative analysis of ONFB item availability used to adapt the costing tool for 2023. Reliability and validity testing of online food costing was presented at the DC Conference in September 2022 and in a poster presented at the International Society of Behavioral Nutrition and Physical Activity conference in June 2023.
- ▶ A number of advocacy efforts were carried out including a [letter](#) to the Premier and other provincial ministers about HFI and the importance of income-based solutions; a [submission for the 2023 Ontario budget consultation](#) calling for higher social assistance rates; a [backgrounder](#) and [resolution](#), Monitoring Food Affordability and Inadequacy of Social Assistance Rates, accepted unanimously by the Association of Local Public Health Agencies (alPHA) resulting in [correspondence to the Minister of Health](#); and a [response to the Federal government's announcement](#) about the Local Food Infrastructure Fund.
- ▶ New or updated resources were shared to support member communications and planning: [What is Food Insecurity and How Can Municipalities Help](#); [ODPH No Money For Food Is Cent\\$less webpage](#), [infographic](#) and [letter template](#), and an [environmental scan](#) of income advocacy actions by PHUs.
- ▶ The FIWG participated in a panel [presentation](#), “Household food insecurity: an urgent public health problem” at the Championing Public Health Nutrition Conference in June.
- ▶ A subgroup with the goal of exploring anti-racist approaches to household food insecurity data reporting was initiated.

School Nutrition Workgroup

- ▶ Participation on [Coalition for Healthy School Food](#) and Ontario chapter that support establishment of a National School Food Program; creation of a Food Neutral sub-group to update SNWG Key Messages to align with the food neutral approach and developed a Project Charter in collaboration with BDHE and FLitWG; updating the Literature Review from BC Teach Food First; creating food neutral, grade specific lesson plans for “You’re the Chef” (YTC) and broadening scope beyond Health & Physical Education to other core curricula such as Math, Science, Language; completed major updates to improve functionality and security of [BrightBites](#); and participated as a partner on Sustain Ontario’s [Food is Science](#) project. Advocacy and consultations included: ongoing advocacy to Ministry of Education (MEDU) to have PPM150 reviewed and updated; a [letter to Federal Ministers](#) for consultation on building a pan-Canadian school food policy that included co-chairing and participation in national group interview; a [letter to CODE-COMOH](#) to follow-up with 2021 recommendations for SNPs; participation in a charette at University of Toronto informing development of Nutrition and Food Literacy Canada and work to integrate nutrition and food literacy into teacher training and K-12 curricula; participation in MCCSS consultation as part of the provincial SNP program review and sent an advocacy letter; and contributed to ON Food Literacy Working Group’s proposal to MEDU with recommendations for next steps for Food Literacy and School Food in Ontario.
- ▶ Revised resource *School Lunch Your Kids Will Munch* in English and French.

Anti-racism in Dietetics Community of Practice

- ▶ The purpose of the Anti-Racism in Dietetics CoP is to create a space that fosters connection, learning, and support to achieve our vision of using an anti-racist lens of practice in all ODPH areas of work. Folks will be able to learn and unlearn in relation to anti-racism while also discussing how we can apply these learnings to advocate for systemic change in the work we do. This work also requires an understanding of [intersectionality](#) which describes the ways in which systems of inequality based on gender, race, ethnicity, sexual orientation, gender identity, disability, and other forms of discrimination “intersect” to create unique dynamics and effects.
- ▶ Objectives: continuous learning and knowledge-seeking regarding racism in public health nutrition, which does not exclusively rely on BIPOC as an educative source (e.g., discuss case scenarios and other relevant resources); employ the best possible evidence, where possible; identify gaps in evidence; support partner organizations’ knowledge dissemination activities; and liaise with and advise other ODPH workgroups to enhance understanding of racism in public health nutrition practice and apply this to their work (e.g., developing resources, guest speakers). A student project in collaboration with UofT MPH Nutrition & Dietetics students is being explored for fall 2023.

Eating Disorder Prevention Community of Practice

- ▶ Established in Jan 2023. Its purpose is to create a space that fosters connection, learning, and support to achieve our vision of using a health promotion and eating disorder prevention lens of practice in all ODPH areas of work.
- ▶ Objectives: exchange evidenced-based resources; transfer our acquired knowledge and lived experience; discuss case scenarios and use a strength-based approach to analyze them; and liaise with [EDO-P](#) (Eating Disorders Ontario-Prevention) to align with the provincial strategy. Topics of discussion have included: workplace weight loss initiatives; intersection between mental health nutrition messaging and food neutrality; policing school lunches; and PHU healthy eating policies.

Partnerships and Collaborations

Association of Local Public Health Agencies (alPHA)

- ▶ alPHA is a not-for-profit organization that provides leadership to boards of health and public health units in Ontario. As a member of alPHA, ODPH is one of seven Affiliate organizations on the Board of Directors alongside COMOH and Board of Health Sections. ODPH brings forward nutrition-related issues for Board discussion and action and provides input into alPHA decisions on a variety of public health issues.
Carolyn Doris, Manager, Peterborough Public Health joined the alPHA Board as ODPH's representative in May 2023. Being an Affiliate Organization of alPHA provides ODPH an important opportunity to have a voice in public health. ODPH thanks Kerry Shubert Mackey for her contributions and leadership to both ODPH and alPHA during her tenure.
- ▶ alPHA's 2023 Annual General Meeting was held in person in June. ODPH's resolution was successfully passed regarding [Monitoring Food Affordability and Inadequacy of Social Assistance Rates](#). Other resolutions of interest to ODPH members were related to advocating for a national student nutrition program and housing/homelessness as a public health issue.
- ▶ Over the last number of months, alPHA's Board of Directors has been completing a Strategic Plan which is expected to be launched in early 2024. Another priority for the Board has been work related to compliance with the Not For Profit Organization's Act (ONCA).

Public Health Ontario

- ▶ Exec was pleased to connect with Sarah Orr, Applied Public Health Science Specialist - Healthy Eating and Food Environments
- ▶ Exec and our work groups will continue to build this partnership in the coming months to identify activities and initiatives that PHO could undertake to support their work in the area of healthy eating and food environments while avoiding any duplication with ODPH workgroups

OPHA

- ▶ Effective April 1, 2023 ODPH withdrew from ODPH constituent society membership

8.0 Retiring Members (July 2022-June 2023)

- Isabela Herrmann - Peel Region Public Health
- Ruby Samra - Hamilton Public Health
- Lucy Valleau - York Region Public Health

9.0 Appreciation of Contributions

Outgoing Executive members

- ▶ Sarah Tsang - Web Coordinator
- ▶ Claire Bilik - Communications Coordinator
- ▶ Ruby Samra - Liaison Coordinator
- ▶ Kerry Schubert Mackey – Liaison to alPHa

Workgroup Chairs

- ▶ Body Diversity and Health Equity Workgroup - Candace Cunningham and Heather Thomas
- ▶ Child Care Working Group - Laura Abbasi, Melissa Cardinal
- ▶ Family Health Nutrition Advisory Group - Paula Ross
- ▶ Food Insecurity Workgroup - Lesley McMullin, Erin Reyce
- ▶ Food Literacy Workgroup - Elsie Azevedo Perry, Shannon Edmonstone
- ▶ Food Systems Workgroup - Sharmini Balakrishnan, Bridget King, Zoe Brenner
- ▶ School Nutrition Workgroup - Elizabeth Smith, Luisa Magalhaes
- ▶ Anti-racism in Dietetics Community of Practice - - Amy MacDonald, Sharmini Balakrishnan
- ▶ Eating Disorder Prevention Community of Practice - Chantal Bélanger, Chelsea Socholotuk
- ▶ You're the Chef Community of Practice - Nancy Bevilaqua, Rebecca Davids

10.0 Peer Recognition Award

The Peer Recognition Award was established to recognize ODPH members for their contributions to the advancement of public health nutrition. It may recognize achievement for one activity/project or for achievement throughout a career. Any member in good standing may be nominated by two other members from more than one health unit/department.

- ▶ For a list of our past award winners [Peer Recognition Award \(odph.ca\)](https://odph.ca)
- ▶ For 2022-2023 the Executive received two outstanding nominations

Both members

- ▶ display exemplary commitment to public health nutrition locally and provincially
- ▶ Significant involvement with ODPH through work groups
- ▶ Demonstrate exceptional leadership in the advancement of public health nutrition

2023 Peer Recognition Award Recipients

- Congratulations Marcia Dawes and Lauren Kennedy

11.0 2022-2023 Executive Committee

Past Chair	Elizabeth Smith
Co-Chair Year 2	Laura Abbasi
Co-Chair Year 1	<i>vacant</i>
Communications Coordinator	<i>vacant</i>
Web Coordinator	Alexandra Lacarte
Secretary – Treasurer	Kim Leadbeater
Liaison Coordinator	Mary Ellen Prange
Members-at-Large	Janelle Arnew and Luisa Magalhaes
alPHa Liaison	Carolyn Doris

11.0 Adjournment

Thank you for your time this morning.

All of us on the Exec appreciate your support especially during the past few years and we are looking forward to resuming work to accomplish our strategic plan as well as advocacy for public health dietitian positions and the important public health nutrition work that we all do.

We plan to ensure that whatever changes are ahead for the public health in Ontario that we will be at the table and part of the plans!