



Ontario Society of Nutrition Professionals in Public Health

Appendix: OSNPPH Working Groups

Healthy Eating in the Recreation Setting Work Group

Members of the Healthy Eating in the Recreation Setting Work Group (HERSWG) have completed a situational assessment of the healthy eating environment in recreation settings, including a literature review, environmental scan, and stakeholder identification. The goal of the work group now is to collaborate with other stakeholders to advance the findings of the situational assessment, collaborate to establish harmonized nutrition standards and explore developing a tool kit to support implementation locally.

Workplace Nutrition Advisory Group

The WNAG has identified tools to help workplaces achieve each of the nine essential elements outlined in the Call to Action. The goal is to have all of the tools accessible to public health and workplaces as an online toolkit. The WNAG has created a YouTube channel and uploaded three Youtube videos. Fifteen online factsheets/tools have been created and the WNAG continues to work towards completing the toolkit.

For more information, please contact the Chairperson: Ellen Gregg, Region of Waterloo Public Health, EGregg@regionofwaterloo.ca

Food Literacy WG

The Food Literacy Working Group was successful in receiving funding from Public Health Ontario in the Locally Driven Collaborative Project competition. Funding will assist in the investigation of the assessment and evaluation of food literacy and its link to diet quality and chronic disease prevention. Additional key accomplishments in the past year included:

- Meetings with Canadian Community Food Center which resulted in a consensus to change their Healthy Eating Food Charts.
- We consulted with and drafted an advocacy letter to OMAFRA to consider a broader definition of food literacy that includes a focus on healthy and local food.
- We developed and reviewed our Call to Action targeting health units and other key decision makers about what is food literacy and recommended actions to advocate for more food literacy programming in the schools and community

School Nutrition WG

The SNWG received a \$50,000 Healthy Eating Grant funding from the Ontario Ministry of Education to improve the school food culture in secondary schools. The project has been managed by the Nutrition Tools for Schools working group. Activities have included: hosting a provincial youth summit in November 2014; involving youth in implementing local initiatives and working hard to rebrand and redesign the NTS website.



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Food Security WG

The Food Security Working Group developed Nutrition Food Basket recommendation backgrounders (key topic areas: social assistance, precarious employment, and guaranteed annual income), reviewed and contributed to the Ontario Food and Nutrition Strategy and Cancer Care Ontario's Prevention System Quality Index Inaugural Report. The group has also begun drafting of a document related to inadequacies of charity model to resolving food insecurity. A Food Systems sub-group was formed to share information around food systems issues.

Menu Labelling WG

Developed and disseminated the Menu Labelling in Ontario Restaurants: Key Messages by the Ontario Society of Nutrition Professionals in Public Health to the public health partners. Continued to advocate for the key messages in the document and involved in contributing to consultations on Bill 45 – Healthy Menu Choices Act, in addition to appearing at the Standing Committee on General Government in April 2015.

Family Health Nutrition Advisory Group

FHNAG members published the revised 2014 Pediatric Nutrition Guidelines. The FHNAG produced document provides evidence-based nutrition feeding guidelines and red flags for healthy, full-term infants and children up to six years of age for health professionals. In addition, the FHNAG advocated for consistent infant and child feeding messages by reviewing and endorsing the Ontario Association of Public Health Dentistry (OAPHD) Infant Feeding Statement; sending correspondence to the Ministry of child and Youth Services to improve their provincial resources around infant hearing, and; reviewing Eat Right Be Active resources used by many health units.

Advocacy Committee

The Advocacy Committee provides strategic guidance, coordination and support to OSNPPH executive, membership, liaison groups and workgroups to establish the best means by which OSNPPH key messages are translated into advocacy. Highlights from 2014-2015 include collaboration with various health organizations to advocate for a national marketing to children partnership; participating in consultations regarding Health Canada's nutrition labelling consultations and supporting the develop of the 2014-2019 OSNPPH strategic plan. A new activity was using social media to raise issue of public health nutrition importance during the 2014 provincial election.