

ODPH HERS Workgroup

2020 January MINUTES



January 9, 2020 (9:30 am – 11:30 am)
Teleconference #/Codes - see last page

Chair: Tracy McDonough **Minutes:** Kathryn Forsyth

In attendance: Claire Bilik, Jessica MacKay, Emily Kichler, Vincent Ng, Alyssa Rumford, Isabela Herrmann, Lisa O'Brien, Lyndsay Davidson, Kathryn Forsyth, Sandra Tsui.

Regrets: Ellen Gregg, Laura Dias, Suzanne Neumann, Elsie Azevedo Perry, Danielle Labonte, Rachel Prowse, Lesley McMullin, Kaitlyn Comeau, Laura Dias, Lisa Needham, Marika Vanden Elzen, Jill Mustard.

1. Welcome

2. Additions to agenda - none

3. Approval of [December minutes](#) - K.Forsyth

4. Actions from previous minutes

- 4.1. Action:** Claire, Vincent, Tracy to connect in the new year to finalize social media plan for 2020.
Reminder for members to review posts prior to new year:
https://docs.google.com/document/d/1pmmU62K4hpW1m3p4Jb4V4z0skEyE_2cbMwG9Fjk5K3s/edit.
final version will be shared after subgroup meets
- 4.2. Completed :** If you are interested in participating in the Eat Great and Participate research, please connect with Jean Cook at Narrative Research: jcook@narrativeresearch.ca; 709.722.3344 (W), 709.682.0968 (M).
- 4.3. Completed :** Rachel shared research proposal and draft of previous marketing audit tool with work group. Members to consider if this is something they are able to collaborate on.

5. New business

- 5.1.** Discussion re: development of province-wide food and beverage guidelines for publicly funded venues (Claire B.) Isabella - reported on previous conversations, many parties agree this is needed including DC - more advocacy is needed at high levels by ODPH and partners, BC brand name food list need provincial support and then industry populates the list itself - this helps smaller companies sell their product and easier for centres to find the products. **ACTION:** Isy will share Peel's plan when approved.

Tracy - feels something needs to be done at a provincial level - used CCWG menu planning guide as an example. problem: we don't have a specific ministry that would champion such a guideline like the Ministry of Education did for the menu planning guide May need a two- prong approach - something more local before a provincial one gets organized through a higher level with PRO or other provincial partners. Alberta experience -tool available as website and changed to an App - but until mandatory use of tool implemented, province /centres will not see full benefits of the tool. Need to remember: what is practically helpful in using guidelines - pick up information from centres you are working with , keep lessons learned in mind to apply when the time is right to create guidelines **ACTION**: chair to add this topic to workplan to keep on the radar and discuss quarterly.

6. Standing items & subgroup updates

6.1. Health Unit updates - NA

- Do any members want to present/ share their local work at an upcoming teleconference over the next year - **Vincent** offered to share more updates on local changes - **Feb confirmed**
Isabella offered to have **Diane English** join one of our t/c - **time TBD**
- Suggestions for future guest speakers?

Action - Isabela to seek out appropriate speaker for coalition formation and collective impact topics from NC/ Tamarack and possible industry rep to share what they feel they are doing to promote healthy choices and what they think they need to do to increase this? and better understand the vending world.

NC - issues now that they cannot be ODPH members- how to stay involved and get their support - can have them as guest speaker but **Claire** will take this issue back to ODPH exec for clarification on how to proceed with ongoing collaborations in our work

6.2. Partnership Subgroup

- PRO survey (Isabela/kathryn): Isy reports contact made with Diane English - they have incorporated some of our suggestions- revised version of survey results coming today or tomorrow and Isy now has capacity to do searches/sorts with raw data from survey - and **Isy** has **updated work plan** to share with members soon as well
- Stakeholder Wheel update (Isabela/kathryn) - been on hold but need to clarify what the role of the members will be in collective impact , need PRO -essential to future success of coalition. **ACTION**: have HERS members review the wheel, provide input - **Isy to share wheel on listserve** and provide brief explanation about its intended use - potential action as f/u to reach out to all ODPH members for input

7. Bike Rack

8.

- Reminder to complete the [HERS annual Health Unit Update](#) and provide feedback on the tool

ACTION: please complete- shorter, more effective, more efficient.

- Useful tool for Rec Centre Scan from BC – Brand Name food list – Isabela - already discussed above
- New research/literature- [Hers-published-research-sharing-chart-as-of-fall-2017.docx](#)
Reminder that we have this chart and please update if you have relevant resources.
- Updated [grant opportunities chart](#) - standing list of potential grants to support partners work - feel free to add more if you find them

Next meeting: February 13, 2020

Chair: Claire Bilik

Recorder: Laura Dias

Please use local Dial in numbers or 1-866-279-1594 Participant code 4037814	
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