



# Ontario Dietitians in Public Health



Ontario Dietitians in Public Health  
Diététistes en santé publique de l'Ontario

## Annual Report 2018-2019

Advancing Public Health Policy: Speak Up for Nutrition!

### ODPH Vision, Mission, Values

#### Our Vision

We envision a health system that recognizes and values ODPH members as leaders in public health nutrition.

#### Our Mission

We advocate and respond in order to advance the public health nutrition agenda. ODPH facilitates connections and provides supports among members in order to enhance individual and collective effectiveness.

#### Our Values

ODPH values its members' input and strives to ensure all members have an opportunity to participate.

ODPH recognizes the value of working with health and community organizations.

ODPH believes it has a unique role to play in linking the public health sector with the profession of dietetics.

ODPH operates in a fiscally prudent and responsible manner.

### Message from the Executive

ODPH has enjoyed another very productive year. Our dedicated workgroups expertly prepared letters and reports; completed evidence reviews and contributed to research; launched campaigns; actively participated in provincial and federal government consultations. Our role and united voice is more crucial than ever to both advance public health and speaking up for nutrition. We look forward to embarking on a strategic plan in 2019.

We cannot succeed without the help and commitment of our members. ODPH encourages members to provide input into relevant issues and participate actively, within their capacity. We have seen this through the creation of two new workgroups this year, as well as collaboration of multiple workgroups on issues of shared importance. Engagement in our working groups and in liaison roles with our partners is important in advancing our practice.

In these changing times, we are committed to continued advancement and promotion of public health nutrition with our key stakeholders across the province. ODPH looks forward to Strategic Planning and determining our priorities for the future.

Working together, we make a difference!

### ----- 2018-2019 Highlights -----

- Participated in an event organized by Dietitians of Canada with MPPs at Queen's Park focusing on the need to invest in Registered Dietitians – good ROI in health and healthcare
- Letters to provincial and federal governments on many topics including Bill S-228 (Marketing to Kids), cannabis edibles, food literacy education, mental health, Canada's Poverty Reduction Strategy, and Bill 60 in support of a Social Assistance Research Commission.
- Conference presentations and webinars highlighting ODPH members' work and collaboration
- Advocacy partnerships with key stakeholders including NRC, OPHA, ALPHa, Dietitians of Canada and Public Health Ontario
- Established new workgroups on Body Diversity and Health Equity and Nutrition and Edible Cannabis.
- Active Annual Nutrition Exchange Planning Committee
- Combined efforts to support the release of the new Canada's Food Guide





## ODPH Working Groups

ODPH's workgroups bring together Registered Dietitians from across the province to collaborate, advocate for and create resources that support meaningful change in public health nutrition. These workgroups work toward improving Ontarians' food literacy, increasing access to healthy food, raising awareness of food insecurity and enhancing food environments where we live, work, learn, and play.

Please see the appendix to this annual report that highlights specific work accomplished by the ODPH Workgroups:

- Advocacy Committee
- Body Diversity and Health Equity Workgroup
- Child Care Working Group
- Family Health Nutrition Advisory Group
- Food Insecurity Workgroup
- Food Literacy Workgroup
- Food Systems Workgroup
- Healthy Eating in the Recreation Setting Workgroup
- Marketing to Kids Workgroup
- Nutrition and Edible Cannabis Workgroup
- School Nutrition Workgroup

For more information about these workgroups and how to become involved, visit [www.odph.ca](http://www.odph.ca)

### ODPH Peer Recognition Award

We are thrilled to announce that

**Amy MacDonald**

Huron County Health Unit  
is the recipient of the

### 2018-2019 ODPH Peer Recognition Award.

Amy has been a leader in promoting weight-inclusive public health and preventing preoccupation with food and weight both locally and across the province. Amy has advocated fearlessly and passionately to improve equity and inclusiveness. Amy has been willing to share her expertise with future RDs, ODPH members and public health practitioners across Ontario.

We congratulate Amy and thank her for her commitment to ODPH and her colleagues across the province!

### Year End Financial Statements June 30, 2019

| REVENUE                                                               |                     |
|-----------------------------------------------------------------------|---------------------|
| Membership                                                            | 23, 235.00          |
| Exchange registration and donations                                   | 12, 200.00          |
| Exchange sponsorship and interest                                     | 0                   |
| <b>TOTAL</b>                                                          | <b>\$35, 435.00</b> |
| EXPENSES                                                              |                     |
| Bank & Membership Processing Fees                                     | 1, 521.43           |
| Clerical (includes archive project)                                   | 453.12              |
| Exec Expenses (travel, meals, hotel, costs for meetings and exchange) | 8, 680.91           |
| Gifts                                                                 | 52.00               |
| Insurance (Due May 2019)                                              | 2, 261.52           |
| OPHA Membership                                                       | 2000.00             |
| Tax filing                                                            | 800.00              |
| Teleconference fees                                                   | 4, 289.32           |
| Website                                                               | 5, 994.65           |
| 2019 Exchange                                                         | 13, 496.33          |
| <b>TOTAL</b>                                                          | <b>\$39, 549.28</b> |
| <b>Net Loss</b>                                                       | <b>\$4, 114.28</b>  |

\*Does not include work group contributions and expenses or reserves.