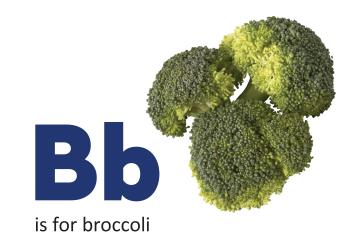


Paintwith vegetables and fruit your plate











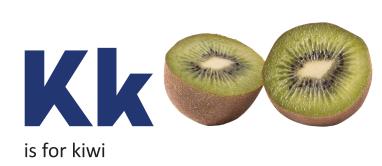








































is for yams





