

Benefits of Attending the Ontario Dietitians in Public Health Annual Nutrition Exchange

Registered Dietitians, staff working in nutrition-related programs and students are encouraged to attend the ODPH Annual Nutrition Exchange.

It is an important component of continuing education and professional development in Ontario.

The ODPH Annual Nutrition Exchange is the only conference in Ontario where the entire two-day agenda is dedicated to public health nutrition!

Customized

- Developed by Registered Dietitians working in public health, the agenda is practical and addresses the key focus areas of public health nutrition.
- It addresses a variety of nutrition and health-related topics that are based on current or emerging public health issues.
- This focused conference offers a mixture of policy development, research and application of knowledge into practice.

Cost-effective

- Learn about other health unit's food and nutrition initiatives, programs and resources. This can help to reduce duplication of resources and efforts, ultimately saving individual health units' time and money.
- Compared to other professional educational opportunities, it is a cost-effective conference.
- If cost is a barrier to attending, consider applying to the Allied Health Professional Development Fund to have registration expenses reimbursed. <https://www.ahpdf.ca/>

Collaboration

- It is an excellent opportunity to network with others working in public health nutrition.
- Those new to public health practice can build competence by connecting with experienced ODPH members.

When Registered Dietitians are encouraged to be active members in ODPH, health units benefit.

Who and What is ODPH?

ODPH is the independent and official voice of Registered Dietitians working in Ontario's public health system. ODPH brings together Registered Dietitians to collaborate and enhance their individual and collective effectiveness as we work to improve Ontarians' food environments, food literacy, and access to healthy food.

