

Family Health Nutrition Advisory Group – Teleconference Minutes

Date: April 26, 2016
Chair: Mélissa Cardinal

Time: 1:30 – 3:00 p.m.
Recorder: Becky Blair

Attendees: Alexandra Lacarte, Amy MacDonald, Andrea Licursi, Michelle River (intern), Barb Bartle, Becky Blair, Carolyn Froats-Emond, Connie Mallette, Dana Hawthorne, Erica Diamond, Evelyn Vaccari, Jessica Bigelow, Judith Kitching, Katie Neil, Martine Coady (intern), Laura Abbasi, , Melissa Cardinal, Melissa Westoby, Charlotte Jones (intern), Nicole Turner (intern), Michele Hurd, Tracey Perri, Victoria Hall with (Liane Leblanc) intern, Shannon Labre, Scholastica Madu, Karen Gough, Laura Atkinson, Marcia Dawes, Rebecca Davids, Michelle Saraiva, Tracy McDonough.

Regrets: Dianne Elliott, Emily Spencer, Allison Phillips, Cathy Macpherson, Dawn Wansborough, Donna Smith, , Eva Loewenberger, Ginette Blake, Heather Harvey, Heather St. Bernard-John, Heather Martin, Heather Wdowiak, Jennifer Moodie, Julie Slack, Karen Wismer, Kathryn Forsyth, Kim McGibbon, Lindsay Zalot, Marketa Graham, Sylvia Blay, Uma Sebastianpillai, Laura Needham, Mariel Munoz, Mary Turfryer, Sarah Lamontagne, Thérèse Niznowski.

1.0	Call to Order The meeting was called to order at 1:33 p.m.
2.0	Agenda Approval/Changes The following have been added to the agenda: 6.5: Terms of Reference 6.6 Good Beginnings The agenda was approved by C. Froats-Emond. Michelle Hurd was the seconder.
3.0	Approval of Minutes for March 22, 2016 The following changes were made to the minutes: <ul style="list-style-type: none">- Jennifer Moodie was present during the meeting and was to the list of attendees- 5.7: The last sentence has been changed to read: “The draft response to the CCEYA regulations phase 2 has been posted...” The minutes with changes were approved by Michelle Hurd. Shannon Labre was the seconder
4.0	Review Action Items and Business Arising from Previous Minutes Infant formula (Laura Atkinson) Recommendations on sterilization of water and equipment Action: Laura and Becky still to send questions to Healthy Canadians

The # of recent cases of Enterobacter sakazaki in Canada question was sent to Health Canada. There has been no response yet. There is also the outstanding question re: age of infants to stop sterilizing water and equipment to Health Canada for babies. Is there any additional evidence to inform our practice advice? Laura will review the Healthy Canadians website re: infant formula and will draft questions.

ACTION: Laura to discuss with B. Blair and will forward questions to Healthy Canadians.

Liaison update for Best Start (L. Atkinson)

Action: Alex to touch base with Laura about possibility of providing rationale for not accepting our recommendations for changes to the formula feeding resource.

Re: status of formula feeding resource:

If we provide feedback that is not accepted, it would be helpful for FHNAG members to receive rationale to share with health unit colleagues.

Toronto East General Hospital is now leading the work for the resource. OSNPPH does not have a direct link to this organization. There was a face to face meeting in the winter. NRC has been in continual contact re: regarding concern re content of Best Start resource and specifically this BFI formula feeding resource.

Best Start is now in a supportive role. K. Gough shared that the BFI strategy funding for the resource was originally given to Toronto East General. However, in this same agreement, it says the hospital is required to collaborate with the Best Start Resource Centre. A Best Start Health Promoter Consultant has supported the development of this resource to date. The Nutrition Resource Centre is expecting the release of the resource soon.

Best Start plans to work with OSNPPH and NRC in the future. They have created a one page table that lists resources that are flagged for dietitian review. Rationale why consultant was not requested is also a column within the table.

ACTION: L. Atkinson will post any rationale feedback she has received related to the formula feeding resource to the FHNAG listserv.

Re: Infant feeding evidence review:

Small workgroup NRC/OSNPPH is exploring the possibility of doing an evidence review investigating the harm of introducing formula and/or complementary foods before infants are six months of age. NRC has been in contact with Health Evidence and Kara Decorby at Public Health Ontario. NRC proposed the idea of sharing the workload between Health Evidence, Public Health Ontario, FHNAG and the NRC. NRC is awaiting approval of their 2016-2017 workplan from the ministry. K. DeCorby

	<p>is interested in working on this proposed project. K. DeCorby will send her thoughts in an e-mail to Karen about how to proceed with the evidence review. NRC is planning another meeting at the end of May. M. Cardinal, B. Blair, L. Atkinson, E. Vaccari, K. Gough and M. Dawes are the FHNAG members of this adhoc workgroup who plan to work on the evidence review. NRC plans for the work to start in the fall and plan to have some sort of report ready in the new year 2017. Key nutrition messages are also planned as a deliverable.</p> <p>Rourke Parent Handout Action: Mary Turfryer to let them know that the link on the website is incorrect; it should not be linked to OSNPPH. Action: Alex to post on listserv asking for comments regarding the wording in the parent handouts that need to be changed. She will collect comments and submit to Dr. Leslie Rourke.</p> <p>See 6.1 Complete</p> <p>Obesity Management Tool A letter has been drafted with our suggestions on the listserv. Feedback and suggestions to be submitted by April 1. Complete.</p>										
5.0	<p>Standing Items</p> <table> <tr> <td>5.1</td><td> <p>Member updates (M. Cardinal)</p> <ul style="list-style-type: none"> • Heather Wdowiak (Waterloo) • Jessica Richardson (Hastings Prince Edward PH) (mat leave) • Therese Niznowshi (Northwestern) </td></tr> <tr> <td>5.2</td><td> <p>OSNPPH Advocacy Committee (B. Blair)-</p> <p>No update. Meeting scheduled for next month.</p> </td></tr> <tr> <td>5.3</td><td> <p>FHNAG BFI Workgroup update (T.Perri/G. Blake)</p> <p>No update.</p> </td></tr> <tr> <td>5.4</td><td> <p>Liaison update for EatRight Ontario (B. Blair)</p> <p>Karen will follow-up with H. Haresign re: when we might start receiving Nutri-eSTEP data reports and will share with B. Blair.</p> </td></tr> <tr> <td>5.6</td><td> <p>Liaison update for Best Start (L. Atkinson)</p> <p>L. Atkinson submitted feedback for the Feeding your Baby 6-12 months resource. The HBHC FHV learning module-nutrition section-received feedback from FHNAG members. Laura talked with K. Gough re: guidance for the structure for the feedback. During conversation with Best Start, there was</p> </td></tr> </table>	5.1	<p>Member updates (M. Cardinal)</p> <ul style="list-style-type: none"> • Heather Wdowiak (Waterloo) • Jessica Richardson (Hastings Prince Edward PH) (mat leave) • Therese Niznowshi (Northwestern) 	5.2	<p>OSNPPH Advocacy Committee (B. Blair)-</p> <p>No update. Meeting scheduled for next month.</p>	5.3	<p>FHNAG BFI Workgroup update (T.Perri/G. Blake)</p> <p>No update.</p>	5.4	<p>Liaison update for EatRight Ontario (B. Blair)</p> <p>Karen will follow-up with H. Haresign re: when we might start receiving Nutri-eSTEP data reports and will share with B. Blair.</p>	5.6	<p>Liaison update for Best Start (L. Atkinson)</p> <p>L. Atkinson submitted feedback for the Feeding your Baby 6-12 months resource. The HBHC FHV learning module-nutrition section-received feedback from FHNAG members. Laura talked with K. Gough re: guidance for the structure for the feedback. During conversation with Best Start, there was</p>
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	<p>agreement that Best Start will receive one set of feedback-ie. include feedback from NRC and FHNAG in the future. L. Atkinson will coordinate feedback and send it to the NRC to forward to Best Start. The combined feedback sent will be posted to the FHNAG listserv as will the rationale received, if feedback is not accepted.</p> <p>ACTION: For FHNAG members still planning to provide feedback, please send to L. Atkinson ASAP.</p>
5.7	<p>Child Care Workgroup update (M. Cardinal, H. Harvey)</p> <p>No update. We did send a response to phase II CCEYA regulations. It was sent April 1st. The letter can be found on the OSNPPH website, FHNAG workgroup, under “Minutes and Reports”.</p> <p>The original draft of the nutrition recommendations were updated based on feedback from the Ministry. These recommendations were then resent to ministry. There is an upcoming teleconference with Ministry to talk about outstanding issues within the recommendation document as well as to discuss next steps.</p> <p>ACTION: M. Cardinal will post the revised nutrition recommendations document on the OSNPPH listserv. Melissa will also post the response to Phase II CCEYA regulation on the general OSNPPH listserv as a FYI</p>
5.8	<p>NutriSTEP LDGP beyond BMI (T. McDonough)</p> <p>T. McDonough referred to a recent listserv post re: promotion of the LDGP project. We are in phase 3 of the-project. In Phase 1, feasibility testing was conducted to determine whether extraction of BMI data from EMRs resulted in data quality that would be considered useful. Results revealed it was feasible to extract information from the EMRs to share with local health units/departments. The data quality was considered moderate.</p> <p>Phase 2 was a qualitative project that-interviewed primary care providers to understand the processes they used to implement NutriSTEP. Results revealed primary care providers think using NutriSTEP within EMR is easier and would be very convenient.</p> <p>The 3rd phase is investigating-what process health care providers use when completing a NutriSTEP form within an EMR. Through BORN, data would be extracted. Data to be used for surveillance purposes. QHR owns the EMR called <i>Accuro</i>.- The University of Guelph has an agreement with QHR to add a NutriSTEP form into its EMR. All the <i>Accuro</i> EMRs now have a form within the EMR. Health care providers can fill it in and calculate the risk score automatically. There is no fee for using this form. It is there and ready to use.</p> <p>ACTION: If you know of any primary care providers in your area who may be</p>

		<p>eligible to participant in the research, please talk to them about considering participating in this research project.</p> <p>Participating health care organizations would receive training and connection made with their local health unit/department. Tracy is happy to answer questions from the FHNAG via e-mail.</p> <p><i>Interested primary care sites that use a QHR-based EMR (Accuro) can contact Susan Snelling, Research Associate, at susan@socialresearchconsulting.ca.</i></p>
	5.9	<p>Products/Resources</p> <p>No new products were discussed.</p>
6.0	New Business	
	6.1	<p>Rourke Parent Handout</p> <p>T. McDonough revised the letter to be sent to Dr. Rourke. S. Labre and T. McDonough worked on this letter to advocate for the Rourke parent handouts align with NHTI messaging and with BFI principles. They plan to send the revised letter to the OSNPPH executive for approval before it is sent to Dr. Rourke. The Letter is close to being final. Thanks to those FHNAG members who reviewed the letter and provided feedback. Could post it to the listserv when complete.</p> <p>ACTION: Tracy to send the final letter to Alexandra who will share with Executive. Tracy to post the final letter on the listserv.</p>
	6.2	<p>Obesity Management Tool</p> <p>Michelle Hurd re-drafted the letter after receiving feedback from FHNAG members. In the current obesity screening tool, there are no nutrition resources for physicians to provide to clients. The letter identifies concerns about quality of nutrition recommendations within the tool. It also notes the screening tool does not take a holistic healthy lifestyle approach. The letter still needs to be finalized.</p> <p>Action. Once finalized, the will go to A. Lacarte and then to the OSNPPH executive for approval. M. Hurd to post the finalized letter under the pre-existing thread about this topic on the listserv.</p>
	6.2	<p>Developmental delay screens not recommended for healthy kids</p> <p>Canadian Task Force guideline on developmental screening. Erica originally shared with the listserv. FHNAG members need to be aware of the guideline and be able to communicate our position related to nutriSTEP to primary care providers. It is important to understand the recommendations in the guideline, especially regarding the differing recommendations for developmental</p>

		<p>surveillance versus screening.</p> <p>ACTION: S. Labre will post a Toronto Star article on the benefits of developmental screening will be posted to the FHNAG. http://www.thestar.com/opinion/commentary/2016/04/23/why-universal-screening-for-autism-is-a-good-idea.html</p>
	6.3	<p>Chair position (M. Cardinal)</p> <p>Chair positions come to an end at the end of June. A. Lacarte will be stepping down. M. Cardinal will continue as co-chair. The Co-chair model is good for transitioning of chair roles.</p> <p>ACTION: Contact A. Lacarte or M. Cardinal if you are interested in the co-chair role.</p>
	6.4	<p>Terms of Reference</p> <p>The FHNAG Terms of Reference as due for revision.</p> <p>ACTION: M. Cardinal will post the word document for the Terms of Reference on the OSNPPH website and on the listserv. ACTION: FHNAG members are to review and suggest potential changes on the word document.</p>
	6.5	<p>Good Beginnings</p> <p>Erica Diamond shared that Dairy Farmers is asking for consultation on Good Beginnings course.</p> <p>ACTION: FHNAG members who have time to can review the course and answer the survey with their comments and feedback. Erica to post more information and the link to the survey on the FHNAG listserv.</p>
7.0	<p>Conference Updates and Professional Development Opportunities</p> <p>OSNPPH Nutrition Exchange, , May 12 -13, Toronto McMaster Pediatric Nutrition Days, May 3-4, Hamilton NRC The Food Environment May 11, 2016, Toronto Championing Public Health Nutrition CSPI Conference, Ottawa. Ambition nutrition-May 26 ,Toronto</p>	

Upcoming Meetings: (Fourth Tuesday of each month)

Date	May 24 th , 2016	June 28 th , 2016	July 26 th , 2016	September 27, 2016
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Time	1:30-3:00 p.m.	1:30-3:00 p.m.	1:30-3:00 p.m.	1:30-3:00 p.m.
Chair	Alexandra Lacarte	Mélissa Cardinal	Co-chair TBD	Mélissa Cardinal
Recorder	Ginette Blake	Sylvia Blay	Jessica Bigelow	Rebecca Davids