

**OSNPPH Healthy Eating in the Recreation Setting Work Group**  
**Thursday, February 4th, 2016**  
**9:30 am – 11:30 am via teleconference**  
**Minutes**

**1.0 Call to order**

Chair: Paula Ross

Recorder: Jessica MacKay

Present: Candice Einstoss, Isabela Herrmann, Heather McMillian, Paula Ross, Katie Neil, Laura Goyette, Emily St.Aubin, Jessica MacKay, Luisa Magalhaes,

Regrets: Elsie Azevedo-Perry, Kathryn Forsyth, Connie Mallette Lisa O'Brien, Carolyn Froats-Emond, Heather Martin, Heather Nadon

**2.0 Welcome to new members** – Kendall Chambers will no longer be with HERS. Donna Smith from the Ontario Public Health Association, Nutrition Resource Centre has requested to join HERS. Katie has contacted her and asked if she would like to join teleconferences or only receive minutes. Katie is awaiting a response.

**3.0 Agenda: additions and approval** – the agenda was approved with no additions.

**4.0 Approval of minutes: Jan 7th, 2016** – the minutes were approved as circulated.

**5.0 Business Arising from Minutes**

**5.1 Follow up - Kim Hodgson HC Link:** Heather McMillan arranged for Kim Hodgson, HC Link consultant, to attend the January 14th HERS Partnership Sub-group meeting. Kim will continue to advise on the group's process, and future contact will be through Isabela Herrmann, the Partnership Sub-group chair.

**5.2 HERS status report:** The status report has been posted on the OSNPPH website. Some of the formatting is a bit off. The group was OK with the formatting being a little off so that we can mark this task as complete. The report can be found on the OSNPPH website under members/minutes/reports/HERSgroup.

**5.3 Dr. Raine, speaker for PRO conference:** Katie checked with Marion Price again to see if there will be a shuttle for attendees flying in and emailed Dr. Raine regarding her preference for travel options from airport to Blue Mountain and return. There is a shuttle available which costs \$165 + tax each way. Katie checked with Dr. Raine and she indicated that her preference is to take a shuttle or drive with someone who will be attending the conference. The cost of the flight will be approximately \$750.00 as Dr. Raine prefers to book her own flight (due to her fluctuating schedule). This is a higher cost than the original flight sourced last month. Katie and Paula's hotel cost will be covered by PRO so this will save money. Katie is not sure how to

manage the reimbursement costs e.g. will Dr. Raine bill OSNPPH? **Action: Katie to check with OSNPPH Treasurer to clarify.**

- 5.4 **Communications Resource:** Subgroup has finalized and completed the resource. Discussion took place whether it was a resource strictly for the HERS workgroup. Laura mentioned that Ellen Gregg requested to have a look at the resource. Decision was made to make it available to OSNPPH members and to recommend that the resource not be used as a stand-alone, that it requires RD to consult about the contents. The resource is not to be distributed broadly. **Action: Candice to send the resource out the OSNPPH list- serve with an explanation of how to use it. Candice will also put out a call for members to join the HERS group. Paula will send out the final version to the HERS group and will ask Julie Slack to put it on the OSNPPH website for all members to see and to remove the older version.** Discussion took place about the need to create a user-friendly version of the resource for recreation centre leaders. **Action: the Communications sub-group will look into this as part of its next steps.**

## 6.0 New Business

### 6.1 Updates from sub-groups:

#### 6.1.1 Partnerships sub group

Emily was welcomed to the sub-group. PRO is interested in a co-leadership model with HERS. PRO is interested in exploring the development of an initiative with HERS similar to the High 5 program. **Action: Isabela to contact PRO next week to look at PRO's ability to consult with us. Isabela to determine if Diane English from PRO can attend the next meeting.** The idea is that we would take the vision to PRO and move forward together with this. It was suggested that we share our newly created Communications Tools with PRO. Kim Hodgson can continue to assist us with this initiative. Kim is excited about the project. The group discussed whether Katie and/or Paula should attend meetings with PRO as well. It was decided that Katie, Paula and Candice will attend future meetings. Next steps include development of a broader stakeholder workgroup. Kim Hodgson will help with this. Isabela had a recent email conversation with Donna Smith and Karen Gogh from NRC about HERS work and they are really interested in being involved. **Action: Isabela to confirm NRC's involvement.**

#### 6.1.2 Communications/resources sub group

If anyone is interested in joining the communications sub-group, send an email to Candice. The sub-group will need to determine next steps. Some of the work may depend on the work of the partnership sub-group. **Action: Candice will set up a meeting in the next few weeks.**

- 6.2 **Update on action items from PRO planning meeting:** Paula to continue working on draft introduction; Katie to talk to Marion Price regarding media interviews/promotion. Dr. Raine will send a copy of her presentation to Katie and Paula by March 15<sup>th</sup>. Final version of the presentation will need to go to PRO by March 18<sup>th</sup>. Discussion took place about the potential to announce HERS workgroup/OSNPPH partnership with PRO at the conference. **Action: Katie and**

**Paula to check with OSNPPH executive whether it's OK to Tweet that OSNPPH reps are attending the conference, what the conference is about etc.**

**6.3 Health Unit Environmental Scan Update**

The group committed to complete the scan 2 times per year. **Action: members to complete the form and send back to Katie. Katie will compile into one document. Only need to add new information to the form.**

**7.0 Standing Items**

**7.1 Possible funding opportunities**

No funding opportunities were discussed.

**7.2 Healthy Kids Community Challenge**

The next theme will be water and hydration and will start in June of this year. There will be another nutrition theme in 2017. Sudbury is very busy with HKCC e.g. involved with 2 workgroup, facilitating execution of events etc.

**7.3 Website**

Paula has spoken to Julie Slack about glitches with the website and Julie is working to solve the issues.

**7.4 Summary for Liaison Coordinator to OSNPPH Executive**

- Partnership sub group had a great meeting with Kim Hodgson. Have conducted a visioning exercise and Plan of Action for next steps.
- Partnership sub group is exploring co-leadership model with PRO.
- HC Link is available to continue to help partnership move along.
- Paula and Katie are attending the PRO conference. They will be exploring social media for the conference.
- OSNPPH Executive is providing our group \$500.00 for the conference.
- Ask OSNPPH Executive if they would like HERS group to share the introduction slides they have prepared for the PRO conference.

**7.5 Updates from other OSNPPH workgroups**

Paula informed the group that Sip Smart materials will be posted to the Brightbites website soon. Brightbites will be launched softly with limited viewing until June 2016. This will allow a chance to make changes before it gets launched broadly in September.

**8.0 Next meeting:**

Thursday March 3<sup>rd</sup>, 2016 9:30-11:30 a.m.

Recorder: Connie Mallette

Rescheduled April meeting: Thursday April 14<sup>th</sup> 9:30-11:30 . April Recorder: Heather Martin, May Recorder: Heather McMillan, June Recorder: Heather Nadon.