



# Ontario Dietitians in Public Health



Ontario Dietitians in Public Health  
Diététistes en santé publique de l'Ontario

## You

are an advocate, an educator, and an expert in human nutrition with a focus on improving health and preventing disease. You value research and the advancement of the dietetic profession.

**You are a Registered Dietitian who works in a municipal or regional health unit, a provincial public health agency (e.g. Public Health Ontario), a federal public health agency (e.g. Health Canada), or are responsible for the education and training of nutrition students at an Ontario university with a nutrition program, and a member of the College of Dietitians of Ontario.**

(Visit [www.odph.ca/join-renew](http://www.odph.ca/join-renew) for full details on membership eligibility)

## We

**are the independent and official voice of Registered Dietitians working in the Ontario public health system. We envision a health system that recognizes and values ODPH members - Registered Dietitians working in public health - as leaders in public health nutrition.**

*Like you*, we value evidence-based practice and work to make it the norm. Our members work to inform policy makers, educators, community partners, government and mass media with credible food and nutrition information, programs and policies.

*Like you*, we work to change the food and nutrition environment wherever people live, work and play so that the healthy choice is the easy choice.

We facilitate connections between members and with provincial partners to leverage our expertise and increase your effectiveness.

**We work for a public health system that values your voice, and you.**

## Join today!

**Join ODPH for greater understanding, resource sharing, networking, synergy and impact!**

Visit [www.odph.ca/join-renew](http://www.odph.ca/join-renew) and sign up today!





## Join ODPH to:

- Connect with other dietitians in Public Health working in similar practice areas
- Enhance your skills – leadership, collaboration, quality appraisal, resource development, report writing, and more
- Participate in workgroups to develop shared messages, knowledge, and resources
- Advocate for and influence healthy public policy

## Partners and Affiliates

***Our Partners and Affiliates*** are dynamic organizations committed to advocacy, evidence-informed policy, and the improvement of health and reduction of disease.

- Association of Local Public Health Agencies (aLPHa)
- Dietitians of Canada (DC)
- Ontario Public Health Association (OPHA)
- Parks and Recreation Ontario (PRO)
- PROOF - Food Insecurity Policy Research
- Public Health Ontario (PHO)
- Student Nutrition Ontario (SNO)
- and others

## Other benefits of membership:

- Less duplication of resources and efforts
- Liaise with other professional groups
- Reduced rate at our annual Nutrition Exchange conference

## Recent ODPH projects:

- [BrightBites.ca](#) – boost school nutrition one bite at a time
- [Locally Driven Collaborative Project on Food Literacy](#)
- [No Money for Food is Cent\\$less](#) campaign for income solutions to household food insecurity
- [Pediatric Nutrition Guidelines](#) – evidence-based nutrition and feeding guideline for healthy, full-term infants and children from birth to 6 years
- [Resources for Child Care settings](#) – menu planning, nutrition environment, Paint your Plate, on-line training modules
- [SNP Nutrition Guidelines](#), and volunteer training modules

## Active Workgroups include:

- Body Diversity and Health Equity
- Child Care
- Family Health Nutrition Advisory
- Food Insecurity
- Food Literacy
- Food Systems
- Healthy Eating in the Recreation Setting
- Marketing to Kids
- Nutrition and Edible Cannabis
- School Nutrition



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